

Sample Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:30 OUTING: Country Drive 2:00 Church Service 6:00 Sixty-five	8:00 Bus to doctor appts/errands 10:00 Exercise 1:30 OUTING: Fred Meyer & Safeway Documentary: "Rescue In Space" The Amazing Hubbel Repair 3:00 Bingo 6:00 Sixty-five	9:30 Memory Class 10:00 Pretty Nails Reading Together 10:45 Resident Meeting 1:30 Bible Study Coffee and Conversation 3:00 Bingo Dog Visit 6:00 Pinochle Game Night	9:00 OUTING: Beaverton Mall Catholic Communion 10:00 Exercise 10:30 Old Favorite Hymn Sing 1:00 PIP BP Clinic Bus to doctor appts/errands 3:00 Guitarist Bingo 6:00 Pinochle	9:30 All About Burma Shave Signs Part I 10:00 Pretty Nails 1:30 Creative Fun Bridge 2:30 Scrabble 3:00 Bingo 6:00 Game Night Scrabble	Name Tag Day 9:30 OUTING: Krispy Kremes & Coffee 10:00 Exercise 12:00 OUTING: American Senior Idol Contest 1:30 Play (or watch) Pool 3:00 Bingo 6:00 Pinochle	10:30 Voice/Piano Recital 1:30 Accordionist 2:30 Bingo 6:00 Poker
2:00 Church Service 6:00 Sixty-five	10:00 Exercise Story Telling 1:30 Documentary: "Knife to the Heart" The Miracle of Heart Surgery 3:00 Bingo 6:00 Sixty-five	9:30 Memory Class 10:00 Pretty Nails Reading Together Tenderfoot Care 10:45 Resident Meeting 1:30 Bible Study 2:30 Current Events 3:00 Bingo Dog Visit 6:00 Pinochle Game Night	9:00 "The Amazing Computer" Information and Advice Catholic Communion 10:00 Exercise Tenderfoot Care 1:00 PIP BP Clinic 3:00 Wine and Cheese with Pianist 6:00 Pinochle	9:30 All About Burma Shave Signs Part II 10:00 Pretty Nails Tenderfoot Care 1:30 Bridge 2:30 Scrabble 3:00 Bingo 6:00 Game Night Scrabble	9:30 OUTING: Fred Meyer 1:30 Play (or watch) Pool Video: Scenic Wonders of America 3:00 Bingo 6:00 Pinochle	Victory in Japan Day 1:30 Saturday Matinee: "Truman" with refreshments 2:30 Bingo 6:00 Poker
10:00 Dog Visit 2:00 Church Service 6:00 Sixty-five	8:00 Bus to doctor appts/errands 10:00 Exercise 1:30 OUTING: Fred Meyer & Albertsons Documentary: "Hillsboro Airshow" 3:00 Bingo 6:00 Sixty-five	9:30 Memory Class 10:00 Pretty Nails Reading Together Tenderfoot Care 10:45 Resident Meeting 1:30 Bible Study Coffee and Conversation 3:00 Bingo Pianist 6:00 Pinochle Game Night	9:00 OUTING: Dollar Tree Catholic Communion 10:00 Exercise 10:30 Old Favorite Hymn Sing 1:00 PIP BP Clinic Bus to doctor appts/errands 3:00 Dog Visit Bingo 5:30 Alzheimer Support Group 6:00 Pinochle	9:30 Walking Group 10:00 Pretty Nails Tenderfoot Care The Joyful Singers 1:30 Arts & Crafts Bridge 2:30 Scrabble 3:00 Bingo 6:00 OUTING: Al Abrams Swing Machine – '40s Big Band Music in Shute Park Game Night Scrabble	9:30 OUTING: Hidden Treasures Drive: Ghost Towns, Country Churches & Wineries 10:00 Exercise Hawaiian Luau with Lyle Chaffee's Island Sound 1:30 Play (or watch) Pool Documentary: Hawaiian Paradise 3:00 Bingo 6:00 Pinochle	10:30 Dog Visit 1:30 Saturday Matinee: "Cold Mountain" with refreshments 2:30 Bingo 6:00 Poker